SASKATOON metro®

NEWS WORTH SHARING.

Canadians can't leave Egypt

Pair jailed for seven weeks in Cairo will be stuck there until the case is closed or they are charged PAGE 7

Violent offender may be in Alta.

Police say an SUV belonging to Michael Sean Stanley, on the run since Oct. 1, has been seized in Lethbridge GO TO METRONEWS.CA

IF PRINCE CHARMING WERE A STALKER ...

'QUIRKY' ROM-COM TELLS STORY OF 'SELF-CENTRED, OBNOXIOUS' GUY'S OBSESSIVE LOVE OF WOMAN SET TO MARRY SOMEONE ELSE PAGE 15

A FIRST NATIONS FLASH MOB

Nancy Greyeyes holds up the flag for Muskeg Lake Cree Nation during an Idle No More flash mob on Monday on the University of Saskatchewan campus. Check out a photo gallery on page 4 and video at metronews.ca. JACOB MORGAN/METRO

NDP pins med school trouble on province

On probation. Minister says province working with College of Medicine to correct series of issues

MORGAN MODJESKI
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Saskatchewan's medical school has been put on probation, and the provincial New Democratic Party says the government of Premier Brad Wall is to blame.

After it was confirmed the Committee on Accreditation of Canadian Medical Schools had placed the University of Saskatchewan's College of Medicine on "accreditation with probation," the provincial NDP came out swinging.

The NDP charged on Monday that the Saskatchewan Party government has had two years to address the accreditation shortfalls. And post-secondary education critic Warren McCall said a failure to do so is evidence of a lack of involvement in Saskatchewan's higher learning.

"Despite being warned in 2011 of the problems at the medical school ... this government allowed the province's only medical school to be put on probation," McCall said in a release.

However, Advanced Education Minister Rob Norris said the probation has little to do with the Saskatchewan government. He added that it's "a little disappointing" that the NDP is pointing fingers.

"Our track record with working with the University of Saskatchewan and the College of Medicine is a pretty solid one," Norris said, adding that the government has been in close communication with College of Medicine officials.

"The University of Saskatchewan is developing a plan, it's moving forward and the government supports that vision."

Blame game

"This government can't be trusted to manage the details."

NDP post-secondary education critic Warren McCall in a release

In a letter to Norris, U of S president Ilene Busch-Vishniac has explained that while she is concerned about the accreditation status, the issue goes beyond funding.

"We are convinced that the larger issues are structural and cannot be resolved with money alone," Busch-Vishniac says in the letter.

Though the college remains fully accredited, the U of S says a plan for dealing with accreditation standards has been developed and will be discussed by the university council later this month.

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Pelican Narrows

Man charged following fatal house fire

RCMP have charged a man with arson in the house fire last month in northeastern Saskatchewan that killed a 10-year-old girl.

The girl's grandparents managed to escape the flames that destroyed the house Sept. 24 in the remote community of Pelican Narrows.

Police identified the dead girl as Denasia Highway.

Darryl Craig Sewap also faces a charge of criminal negligence causing death.

The remains of the house in Pelican Narrows after the fatal fire. RCMP/CONTRIBUTED

The 19-year-old appeared in Prince Albert provincial court Friday on the charges.

He is being held in custody pending his next court date Tuesday in Pelican Narrows.

THE CANADIAN PRESS/CKBI

Dangerous driving

Woman jailed for high-speed chase

A Saskatoon woman who led officers on a wild chase has been sentenced for dangerous driving and evading police. Kaitlyn Nicole Daniels, 20, pleaded guilty to the charges Monday in provincial court.

Provincial court Judge Albert Lavoie sentenced Daniels to 45 days in jail, a one-year driving ban and 10 months probation.

"This isn't a video game; we are playing in real-time life," Lavoie said, referring to Daniels' dangerous driving. THE CANADIAN PRESS/CKOM

Trial

Local man accused of killing wife still doesn't have a lawyer

Tentative trial dates have been set for a Saskatoon man accused of murdering his wife.

But first, David Woods must apply for a court-appointed lawyer.

He told a Court of Queen's Bench judge in Saskatoon on Monday that his options for getting a private lawyer had run out.

Court heard Woods has no income and that potential assets — namely his house — were not practically available.

His wife, Dorothy, owns half of the home, but did not have a will at the time of her death. Woods fired his second lawyer last month just weeks before his first-degree murder trial was scheduled to begin.

If he secures court-appointed counsel by Oct. 21, the four-week murder trial will begin April 28, 2014.

Woods requested defence lawyer Morris Bodnar to represent him, although no decision will be made until a formal application is submitted.

Dorothy Woods was last seen in November 2011 and her body was later found in a culvert.

THE CANADIAN PRESS/CJME/CKOM

Saskatoon evacuates 120 as part of mock disaster drill

Testing. Evacuation drill first phase of city's largest emergency-preparedness drill

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Members of the Saskatoon Police Service direct evacuees from Parkville Manor during the evacuation phase of Exercise Domino, a three-day emergency-preparedness drill that started Monday morning. MORGAN MODJESKI/METRO

The City of Saskatoon successfully evacuated 120 residents from various locations in downtown as part of a disaster preparedness drill on Monday morning.

Exercise Domino, a collaboration between the city and the provincial and federal governments, will be the largest emergency-preparedness drill Saskatoon has ever participated in, and a mock-evacuation on Monday marked the start of the event.

"From the movement of a few hundred people, we can extrapolate some numbers on how long it takes and the organization that needs to go into the moving of a populous," emergency measures co-ordinator Anthony Tataryn said on Monday morning.

While there is no mock-disaster being used as part of the exercise, Tataryn explained an evacuation order could be put into place for a number of reasons.

"Natural disasters can happen at any time and we're not immune to them," he said.

"If you look at what's happened across North America in the last few years, there's been some great catastrophic events, so it's important that we do some planning around these things."

As part of the exercise, residents from the Shepherd Centre Apartments, King Edward Place, McNaughton Place and Parkville Manor were transported from Saskatoon to a mock-emergency shelter set up at the Legends Centre in Warman.

Warman Mayor Sheryl Spence said participating in Exercise Domino is important, as it provides the city a chance to examine their own emergency management operations, while strengthening the relationship between the two cities.

"If any sort of emergency actually happened, I think we would be impacted because of our proximity to the city, so sharing resources is pretty important," said Spence in a phone interview.

"If something happened in Warman, hopefully we would be able to rely on Saskatoon, and vice versa."

Idle No More's flash mob at U of S

With Oct. 7 marking the 250th anniversary of the British Royal Proclamation — a historic document recognizing First Nations land rights — Canadians took part in Idle No More gatherings across the country. Here in Saskatoon, a flash mob congregated Monday afternoon on the University of Saskatchewan campus.

JACOB MORGAN/METRO
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1 Round and round around same treaty issues.

Protesters joined hands for a spontaneous round dance, forming a huge circle within the University of Saskatoon Bowl. The sign reads: "Up Hold the Treaty's; Canada was built on these Treaty's with 1st Nation People!!" and "1st Nation Lands R not 4 Sale!!"

2 And the crowd goes ... 'I see.'

The crowd listens to speakers at the Idle No More flash mob.

3 Founding fervour.

Sylvia McAdam, one of the original founders of the Idle No More movement in Saskatoon, addresses the crowd at the group's resurfacing Monday.

4 Drumming up emotions.

Dion Tootoosis kicked off the protest with traditional vocal chanting and drumming.

5 Natives were here.

A protester waves the indigenous warrior flag.

6 United we greet.

Students walk through the quad as participants in the Idle No More flash mob shake hands as a sign of unity.

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Prisoners suing Edmonton jail over alleged abuses

Prison fight club.
One inmate alleges they're forced to fight each other for 'staff entertainment'

Five inmates are suing a federal maximum-security penitentiary in Edmonton, alleging the guards are spitting in their food, beating inmates and running a sadistic prisoner fight club.

The allegations are contained in lawsuits filed in Court of Queen's Bench by inmates against the Edmonton Institution.

Prisoner James Wigmore, in his statement of claim, says the acts are part of a systematic plan to terrorize and dehumanize the inmates.

He says the abuses occur in the segregation unit and that inmates are forced to fight each other for, in his words, "staff entertainment."

A spokesman for the Correctional Service of Canada declined comment as the case is before the courts.

The statement of claim contains allegations that have not been proven in court.

Erika Norheim, the lawyer representing the inmates, says the prisoners have tried to stop the abuse in-house for the last year without success and that the lawsuits are a last resort. Norheim says more lawsuits from other inmates are on the way.

THE CANADIAN PRESS

Luge team beefs up with help from rancher

Luge racers Tristan Walker, left, and Sam Edney meet with Zena, a two-year-old heifer, at a cattle ranch near Okotoks, Alta., on Monday. Less than a week after the Canadian luge team slapped For Sale stickers on their helmets, they wore race suits and cowboy boots to a cookout in the Alberta foothills southwest of Calgary. Cattle rancher Mark Barnert donated a cow from his Pin to Point Gelbvieh farm to six members of the national team. "They straight-up gave us beef," slider Alex Gough said. "We got a cow we split six ways."

JEFF MCINTOSH/THE CANADIAN PRESS

My Story published

Elizabeth Smart recounts '9 months of hell' in memoir

Minutes after 14-year-old Elizabeth Smart was snatched from her bedroom a decade ago, a police cruiser idled by along a neighbourhood street as she was forced to the ground at knifepoint. "Move and I will kill you!" her captor hissed.

It was one of several fleeting times Smart, now 25, watched a rescue slip away during her nine-month ordeal, she recounts in My Story, a 308-page book being released by St. Martin's Press on Monday.

Elizabeth Smart

Her account was written with help from Chris Stewart, a Utah congressman who has authored other books. THE ASSOCIATED PRESS

Bartender's big tip

Lottery ticket turns into $17,500 boon

One of Oregon bartender Aurora Kephart's regulars at Conway's Restaurant and Lounge in Springfield often tips her with Keno tickets.

Last Tuesday, the man asked Kephart, 25, to choose two. Kephart's first ticket won $5. The second turned into a $17,500 US gratuity.

THE ASSOCIATED PRESS

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Royal wedding watch

Prince Harry set to marry?

Is the last unattached royal Brit about to go off the market? Prince Harry, William's younger brother and fourth in line for the British throne, is said to be close to proposing to his girlfriend, Cressida Bonas. "Harry never stops talking about marriage and children, and she has now got used to the idea," a friend of Bonas's tells the Telegraph newspaper. "The wedding is likely to take place next year." MELINDA TAUB/MWN

Fox News

Anchor apologizes for saying Obama funded Muslim museum

Fox News anchor Anna Kooiman has apologized for falsely saying that U.S. President Barack Obama had offered to pay for the operation of a museum of Muslim culture "out of his own pocket" during the government shutdown.

Kooiman didn't cite a source, but a satirical news site called National Report had posted a similar story. THE ASSOCIATED PRESS

France

Sarkozy cleared in donations case

Former French President Nicolas Sarkozy was cleared Monday of allegations that he illegally took donations from France's richest woman on the way to his 2007 election victory, his lawyer and an official said. THE ASSOCIATED PRESS

Anti-Korean group told to pay for 'hate speech'

Japan. Court orders $120,000 in compensation paid to school after classes disturbed by rallies that frightened children

Anti-Korean rallies in Japan have escalated this year in cities with Korean communities. In Tokyo's Shin-Okubo district, dotted with Korean restaurants and shops popular among South Korean pop-culture fans, hundreds of Zaitokukai members and supporters have called Koreans "cockroaches," shouted, "kill Koreans" and threatened to "throw them into the sea." SHIZUO KAMBAYASHI/THE ASSOCIATED PRESS FILE

A Japanese court on Monday ordered a group of anti-Korean activists to pay a Korean school in Kyoto 12 million yen ($120,000 US) in compensation for disturbing classes and scaring children by holding "hate speech" rallies outside the school.

The ruling acknowledged for the first time the explicit insults used in the rallies constituted racial discrimination, said human-rights experts, lawmakers and others calling for restrictions on hate speech. They said the ruling could prompt a move to exempt such speech from Japan's constitutional right to free speech.

Though attendance at such rallies has been limited to a few hundred people at most and they are far from becoming mainstream, similar demonstrations of nationalists targeting ethnic Koreans and other minorities have escalated since earlier this year, amid Japan's chilly diplomatic relations with its Asian neighbours. THE ASSOCIATED PRESS

Somalia. Target of SEAL attack planned to strike UN's Kenya HQ: Report

The man U.S. Navy SEALs tried to take down in Somalia over the weekend was a Kenyan who had plotted to attack his country's parliament building and the UN headquarters in Nairobi, according to a Kenyan intelligence report.

The pre-dawn, seaside raid Saturday targeted Abdulkadir Mohamed Abdulkadir — also known as Ikrima — a U.S. official said. The U.S. troops are not believed to have captured or killed their target.

In the internal report by Kenya's National Intelligence Service, Abdulkadir is listed as the lead planner of a plot sanctioned by al-Qaida's core leadership in Pakistan to carry out multiple attacks in Kenya in late 2011 and early 2012. Those attacks, linked to the Somali Islamic extremist group al-Shabab, were reportedly disrupted.

The report, leaked to media in the wake of the Sept. 21 attack on Nairobi's Westgate Mall, also warns of "Mumbai-style attacks," referring to the assaults in Mumbai, India in 2008 in which operatives stormed several locations with guns and grenades. THE ASSOCIATED PRESS

The White Widow

- The report lists Samantha Lewthwaite — a Briton known in U.K. media as "The White Widow" — as one of several "key actors" in the plot to attack Parliament buildings, the UN office in Nairobi, Kenyan Defence Forces camps and other targets.
- The plotters also intended to assassinate top Kenyan political and security officials, the report said.

Samantha Lewthwaite, a.k.a. "The White Widow" CONTRIBUTED

Mexico. Organizers, driver of monster truck blamed for fatal disaster

Quoted

"There is no excuse for why the spectators were situated as they were, period."

Marty Garza, spokesman for the Monster Truck Racing Association

Mexican government officials and event organizers on Monday blamed the driver of a monster truck for losing control and plowing into a crowd of spectators, killing eight and injuring dozens. Motor-sports experts pointed to the organizers, saying the setup of the state-sponsored show was blatantly deficient and life-threatening.

Organizers of the Extreme Aeroshow said that hundreds of families had gathered without permission in what was supposed to be the pit area of the makeshift arena in a park in the capital of the state of Chihuahua. One organizer said the spectators weren't moved because "crowd management is very difficult."

The pit area was unprotected by any barrier and sat feet from where the monster truck known as "Big Show" was crushing a pair of old cars, leaping into the air and rolling over their hoods and roofs. Video of the accident shows the truck coming down hard off the second car, bouncing, then speeding into the crowd.

It was the second disaster in less than a month to focus attention on Mexico's patchy and loosely enforced system of consumer safety. Experts widely blamed much of the billions of dollars' worth of damage from Tropical Storm Manuel and Hurricane Ingrid, which killed 157 people and displaced thousands, on the government's failure to prevent home construction in floodplains and enforce building standards for highways and bridges.

Chihuahua state Gov. Cesar Duarte and organizers of the weekend event tried to pin responsibility for the truck accident on the driver, saying he should only have driven in one direction over the cars, away from the pit area.

"He turned and came back in the wrong direction, came back to do a jump, and that's unfortunately where this accident happened," Duarte told Milenio Television Monday morning. THE ASSOCIATED PRESS

Argentina. President to have surgery to remove blood clot from brain

Argentina's president will undergo surgery Tuesday to remove blood between her brain and skull that has been causing new and worrying symptoms, physicians said.

The president's doctors said they had ordered President Cristina Fernandez on Saturday to rest for a month after discovering the subdural hematoma — a clot inside her skull pressuring her brain and causing headaches. In some patients, such blood clots reabsorb by themselves over time.

But the situation became more urgent after Fernandez felt a weakness and numbness in her upper left arm Sunday evening, according to doctors at the Fundacion Favaloro, one of Argentina's top cardiology hospitals.

"Facing these symptoms, the team decided on surgical intervention," the hospital's doctors said in a statement Monday.

The surgery involves drilling small holes through the skull to remove old blood. THE ASSOCIATED PRESS

Argentina's President Cristina Fernandez arrives at a local hospital in Buenos Aires on Monday. PABLO MOLINA/DYN/THE ASSOCIATED PRESS

Even beautiful Bali cannot distract Harper from worries over upcoming leaders' summit

Prime Minister Stephen Harper has used the platform of one international leaders' summit in Bali Monday to fire a torpedo into the hull of another. Harper stepped to the sidelines of the Asia-Pacific Economic Cooperation gathering on this idyllic Indonesian tourist island to formally confirm he'll boycott next month's Commonwealth summit in Sri Lanka. He threatened that Canada could cut the purse strings to the 64-year-old Commonwealth organization due to ongoing human-rights abuses by the host Sri Lankan government. Canada contributes about $20 million annually to various Commonwealth initiatives. SEAN KILPATRICK/THE CANADIAN PRESS

Canadians not free to leave Egypt as case remains open

Not out of the woods yet. They spent seven weeks behind bars without charge

Egyptians wait for the bus on a bridge, in Cairo on Monday. Canadians John Greyson and Tarek Loubani are now recuperating in a hotel in this city, according to relatives. HASSAN AMMAR/THE ASSOCIATED PRESS

Canadians John Greyson and Tarek Loubani are still under investigation in Egypt after their abrupt release early Sunday, and will be prevented from leaving the country until they are charged or the case closed, the Egyptian foreign ministry told Torstar News Service Monday.

"The case is in the hands of the prosecutor-general's office, who have full independence," said Badr Abdelatty, a spokesperson for the ministry.

The two men were detained Aug. 16 at the height of violent clashes between Egyptian security forces and supporters of ousted president Mohamed Morsi. They were on a stopover on their way to Gaza, where Loubani, a London, Ont., emergency-room doctor, was to teach medical students, which Toronto filmmaker Greyson planned to film.

In spite of the men's sudden release, and expectations that they would be home soon, Abdelatty said the case was "ongoing" and it is "usual that they remain in the country until (it) is resolved. No one with a pending case against them is allowed to leave the country."

They had spent seven weeks behind bars without charge, and last week the detention period was extended by 45 days, until mid-November. That period allows the prosecutor to gather evidence for possible charges against them. TORSTAR NEWS SERVICE

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Defence-renewal plan could save up to $1.2 billion a year

"The intent here is not to reduce the number of regular-force, reserve-force or civilian employees."
Defence Minister Rob Nicholson

Minister of National Defence Rob Nicholson listens to a question during a news conference prior to a technical briefing in Ottawa on Monday. ADRIAN WYLD/THE CANADIAN PRESS

New strategy unveiled. Staff at the Dept. of National Defence may be redeployed; some could lose their jobs

As many as 4,800 military and civilian staff at the Department of National Defence could find themselves doing other work, training for new positions or perhaps even out of a job over the next four or five years.

It's part of a so-called defence renewal strategy unveiled Monday by the Harper government.

The plan could save as much as $1.2 billion a year by 2017-18, but the savings will be plowed back into the department to maintain readiness, Defence Minister Rob Nicholson told a media briefing.

"The intent here is not to reduce the number of regular force, reserve force or civilian employees," Nicholson said.

Rather, the goal is to rebalance the workforce and move administrative staff towards non-administrative positions at military bases across the country.

But while the plan is not meant to reduce the number of staff, senior defence officials at a technical background briefing said there could be some "individual" job losses among those who can't retrain or move.

Those officials also took pains to emphasize that the new plan is separate from the budget-cutting exercises of strategic review and the deficit reduction action plan, both of which saw the department eliminate jobs.

Those two activities combined are expected to chop $2.1 billion a year out of the $19-billion defence appropriation by the time all of the measures are fully implemented in 2014.

The Union of National Defence Employees heaped scorn on the claim that the plan was not about cutting jobs.

"We were given the same verbal assurances today as we have been given countless times in the past that this is not an exercise in reduction," said Mark Miller, a vice-president with the union, which represents 17,000 defence employees.

"However, recent history has made us pay close attention to whatever it is we're being told."

As part of its budget-cutting process, the federal government has issued notices to 1,700 federal defence workers that their jobs will be eliminated, according to union figures.

"I'll take what's been said with a grain of salt," said Miller.

THE CANADIAN PRESS

Fire ruins Quebec town's main drag

Arson investigators searched for clues amid rubble Monday after a weekend fire razed part of a quaint community's main street.

They were looking for causes of a blaze that engulfed an entire block, scorching a strip mall and a half-dozen apartments. The fire burned down an abandoned grocery store, shops and eateries in St-Donat, a town northwest of Montreal.

No injuries were reported.

The fire was already quelled Monday as crews picked through the debris and doused a few smouldering hot spots.

Town residents gathered near the site and took pictures of the blaze, the latest of several major fires to hit the town over the last three decades.

Police were investigating but had little to say Monday about a possible cause.

"We have a couple of investigators specialized in fires that are on the scene right now trying to understand what happened and what led to the fire," said Sgt. Benoit Richard, a provincial police spokesman.

Upon its eruption the previous afternoon, the powerful fire forced people to flee from nearby buildings. Firefighters had to call in reinforcements from five other municipalities and 90 of them worked into Monday to control the flames.

The fire may have started behind an old commercial building, but investigators were only beginning to sift through the site, Richard said.

Mayor Richard Benard cautioned against speculation, calling on anyone who might have seen something to go to police.

"I would like to invite people to be prudent," Benard told a Monday afternoon news conference. "People saw all sorts of things so those people will have to talk to the police."

THE CANADIAN PRESS

Cleaning up

Mayor Benard said plans were underway to clean up the main drag and reopen it later this week.

- While it wants to help rebuild the area, the town said it's too early to discuss a time frame.
- St-Donat's downtown has been hit by fire several times, the latest incident occurring in January 2000.

Italy

38 more bodies pulled from wrecked boat

Italian divers recovered 38 more bodies from a smugglers' boat that capsized and sank to the bottom of the Mediterranean Sea with hundreds of migrants on board.

Monday's discovery brought the confirmed death toll from last week's tragedy to 232 before the operation was suspended for the day at nightfall.

Only 155 of the estimated 500 people on board survived the sinking. Scores of bodies are believed to be still trapped in the hull of the 18-metre boat, which is resting 47 metres below the surface. THE ASSOCIATED PRESS

Nigeria

Gunmen use call to prayer to lure worshippers to their deaths

Gunmen believed to be Islamic militants lured Muslims with a call to prayer and gunned them down as they entered a mosque in Damboa village in the latest killings reported in an Islamic uprising in northeast Nigeria, residents and officials said.

The tactics used by Nigeria's Boko Haram terrorist network in Saturday's attack that killed seven residents seem to contradict the thinking of some other Islamic extremists on the continent.

THE ASSOCIATED PRESS

Death of Rabbi Ovadia Yosef leaves void in Israeli politics

Israeli police officers try to stop orthodox men from reaching the vehicle carrying the body of Rabbi Ovadia Yosef in Jerusalem, Monday. To Sephardic Jews, Yosef, 93, was a revered spiritual sage who transformed his downtrodden community of immigrants from North Africa and Arab nations and their descendants into a powerful force in Israeli politics. Among secular Israelis, he was widely perceived as a medieval figure occasionally given to bizarre rants. His death Monday leaves a gaping hole that could see the Shas political party splinter, reshaping Israeli politics. ARIEL SCHALIT/THE ASSOCIATED PRESS

New-age digital skills give Canadians the cutting edge

A Montreal commuter looks at his smartphone before boarding the subway. Canada outscores Germany, the U.K. and the U.S. when it comes to new-age digital skills, according to a new report. RYAN REMIORZ/THE CANADIAN PRESS/FILE

Out of 24 countries surveyed. Canadians ranked seventh in computer skills, 11th in literacy skills and 15th in numeracy skills

As the world's most advanced economies grapple with the challenges of globalization and technological change, Canadians are relatively well prepared to meet the demands of a rapidly changing workforce, a new report shows.

Canadians are not quite as advanced as the Japanese or the Finns on literacy and numeracy, the first annual Adult Skills report by the Organization for Economic Co-operation and Development found.

But Canada outscores Germany, the U.K. and the U.S., when it comes to the all important new-age digital skills, the report to be released Tuesday found.

"This is a clear global advantage, at a time when the high-tech environment is becoming an ever more integral part of our everyday world," said Jeff Johnson, chair of the Council of Ministers of Education — Canada, one of the organizations that oversaw the collection of data in Canada.

The landmark report was undertaken because of the growing importance of high-tech skills in the labour market, according to the authors of the OECD Skills Outlook 2013.

The findings are based on a massive survey of 166,000 people in 24 countries, including 27,000 in Canada.

"The way we live and work has changed profoundly — and so has the set of skills we need to participate fully in and benefit from our hyper-connected societies and increasingly knowledge-based economies," the report says.

The findings have implications for countries, for society and for individuals, the report found. The most highly skilled workers, for example, earn 60 per cent more than the lowest skilled, while those with the lowest literacy skills are twice as likely to be jobless, the study found.

THE CANADIAN PRESS

Spy games. Brazil wants Canada to explain espionage allegations

Brazil on Monday demanded clarifications from the Canadian government about allegations that its spies targeted Brazil's Mines and Energy Ministry, in what Brazilian President Dilma Rousseff said appears to be an act of industrial espionage. Foreign Minister Luiz Alberto Figueiredo summoned the Canadian ambassador in the capital of Brasilia to "transmit the indignation of the Brazilian government and demand explanations," the Foreign Ministry said in a statement that followed the revelations that were aired Sunday night on Brazil's Globo network.

The report said the metadata of phone calls and emails from and to the ministry were targeted by Canada's Communications Security Establishment to map the ministry's communications. It didn't indicate if emails were read or phone calls listened to.

The report was based on documents leaked by former National Security Agency contractor Edward Snowden and was the latest showing that Latin America's biggest country has been a target for United States, British and now Canadian spy agencies.

During Monday's meeting, Figueiredo expressed "the government's repudiation of this serious and unacceptable violation of national sovereignty and the rights of people and companies," the Foreign Ministry statement said. THE ASSOCIATED PRESS

Why spy?

In comments Monday on Twitter, President Dilma Rousseff said industrial espionage appears to be behind the alleged spying.

- Canadian companies have large mining interest across the globe, including in Brazil.

Baird mouthing

Maldives not impressed with Minister Baird

MP John Baird
THE ASSOCIATED PRESS

Foreign Affairs Minister John Baird is in hot water with the Maldives, whose president, Mohamed Waheed, wrote to Stephen Harper to complain about Baird's conduct during recent Commonwealth meetings in New York.

In a statement posted on the Maldives president's website, Waheed alleges Baird made "inappropriate and derogatory remarks" and "posed several harshly worded questions" to his acting foreign minister.

Baird's office says the minister raised concerns about the first round of voting in the Maldives' presidential election, which the country's highest court on Monday declared was flawed.

THE CANADIAN PRESS

Not enough nurses

Inquest reveals hospital staff shortage on day Sinclair died

A Winnipeg hospital emergency room was overcrowded and short-staffed — operating without a key triage nurse — when a man came in seeking care and died 34 hours later.

Susan Alcock, a senior clinical resource nurse, told an inquest Monday into the death of Brian Sinclair that the emergency room at Health Sciences Centre was short five nurses on Sept. 19, 2008.

Sinclair, a double-amputee, was referred to the emergency room by a community doctor because he hadn't urinated in 24 hours. He spoke to a triage aide when he arrived and wheeled himself into the waiting room, where he languished for 34 hours.

An inquest is examining why the 45-year-old died of a treatable bladder infection without receiving medical care.

THE CANADIAN PRESS

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RCMP shot former peacekeeper twice in the back, inquest finds

Prince George, B.C.
'I believe there was bullying happening': Sister of Greg Matters

A former soldier who was fatally shot by RCMP had been bullied by his comrades in the Canadian military and then harassed by police, his sister told jurors Monday at the start of a coroner's inquest into his death.

Greg Matters was shot twice in the back with an M-16 rifle during a confrontation with an RCMP emergency-response team at his rural property near Prince George, B.C., in September 2012. His sister, Tracey Matters, described a shy man who joined the military to do good in the world, and who ended up injured and ultimately discharged from the military.

"I understand there's a bit of a bullying culture in the military and if you're unable to keep up your physical end of things, then you could actually start to become a target of bullying," she told the jury.

"I believe Greg was working though his pain, but it got to a point where he wasn't able to fulfil all of his duties as a soldier.... I believe there was bullying happening."

Matters was honourably discharged in 2009, after a 15-year military career that included a peacekeeping mission in Bosnia, where a former comrade told Matters's family he would collect the treats and juice boxes from ration kits to hand out to local children.

Matters said she didn't recognize her brother when he came home. He was anxious, withdrawn, suffered nightmares and barely slept.

Ultimately, she got in touch with a clinic that specialized in soldiers suffering from post-traumatic stress disorder and her brother began to see a psychiatrist.

"He was making tremendous progress," she testified.

THE CANADIAN PRESS

'Several run-ins'

Another story

The lawyer for the Attorney General, Andrew Kemp, painted a very different picture of the former soldier.

He asked Greg Matters' sister, Tracey, if she was aware of several previous incidents that brought Greg into contact with RCMP, including his arrest for assaulting his brother and another for uttering threats to kill the local Crown lawyer.

He was also reported to Mounties over harassing emails sent to his former psychiatrist in New Brunswick, where he had been based, Kemp pointed out.

THE CANADIAN PRESS

Plea for law. Police dog killed in the line of duty

Edmonton police say there needs to be a special criminal law to protect animals that work with officers after one of their service dogs was killed by a fleeing suspect.

Police say Quanto, a German shepherd with four years of decorated service and more than 100 arrests to his name, was stabbed repeatedly Monday as he and his handler, Const. Matt Williamson, tried to take down a man who had fled a car with stolen plates.

Paul Joseph Vukmavich, 27, faces charges including possession of stolen property, dangerous driving, criminal flight and resisting arrest.

But when it comes to the death of the dog, Troy Carriere, acting staff-sergeant of the Edmonton police canine unit, said cruelty to an animal is the strongest charge that can be laid. "It's been our intent to have that changed," Carriere said. "We need to adjust the Criminal Code at some point in time and this is obviously a good time to do that."

On the job

"We believe strongly that our dogs are police officers."

Sgt. Murray Pollock, head of the Calgary police canine unit and a director with the Canadian Police Canine Association

Sgt. Murray Pollock, head of the Calgary police canine unit and a director with the Canadian Police Canine Association, said the protection of police dogs in the Criminal Code is an issue officers have wanted to see addressed for quite some time.

Some provinces have laws protecting service dogs.

A section of Saskatchewan's Animal Protection Act, for example, carries a penalty of up to two years in jail for anyone who harms a service dog, which includes dogs working with police. Penalties for animal cruelty in the Criminal Code were recently increased, with the maximum sentence being five years behind bars. THE CANADIAN PRESS

Edmonton Police Service dog Quanto died after being slashed while helping to capture a suspect involved in a pursuit. CONTRIBUTED

Cleaning up after winter storm Atlas; next concern: Flooding

Tim Rangitsch shovels snow melt toward the sewer drain in front of his home on Fulton Street in the West Boulevard neighbourhood of Rapid City, S.D., on Monday. As warm temperatures melt the snow, flooding is the next concern while cleaning up after Winter Storm Atlas.

BENJAMIN BRAYFIELD/RAPID CITY JOURNAL/THE ASSOCIATED PRESS

Peter Dering, founder of online startup Peak Design, looks through a package of clothing he got from Buck Mason at his office in San Francisco on Monday. Buck Mason, a new online men's store, has capitalized off men like Dering who are increasingly interested in looking dapper, not dowdy. JEFF CHIU/THE ASSOCIATED PRESS

Designer denim is the new hoodie

No offence Mark Zuckerberg... but hoodies are out in Silicon Valley, with young men ditching sweats for suits — or at least a sport coat

Doing his best Tim Gunn impression

"Birkenstocks with white socks was hideous back (in the '90s).... It's time to up the ante."

Straight-talking image professional Joseph Rosenfeld, on his clarion call for Silicon Valley men to back away from the comfy German-sandals-and-socks combo.

Silicon Valley has had a men's fashion problem dating back to its founders.

From their inception, tech companies went out of their way to be different — and that meant no more business suits. Thus brilliant innovations took place in the dumpiest of outfits as leather sandals, elastic-waist jeans and old T-shirts became ubiquitous.

But that's changing, as a younger generation of engineers and designers have arrived seeking clothes that co-ordinate.

"There's definitely a shift happening here, and the age of the Silicon Valley culture has something to do with it," said image professional Joseph Rosenfeld.

"As a generation," he said, young professionals "tend to care more about style than engineers of the past."

The market has responded to this new attitude among the region's rising nerds, geeks and hackers with new online men's stores, personal style consultants and an array of high-end shops at Northern California's biggest mall. They're catering to the emerging members of a creative industry who, nonetheless, are seeking something of a uniform.

"They'll typically wear designer denim and a great button-up shirt by day, and throw on a sport coat at night to go to a cigar or wine bar," said Westfield Valley Fair mall general manager Matt Ehrie.

THE ASSOCIATED PRESS

Chichi makeover. Birks becomes Maison Birks

Birks, a mainstay at Canadian malls, is looking to go upmarket.

One of the biggest changes so far has been tweaking the name of the Montreal-based jewelry empire — now know as Maison Birks.

Since Jean-Christophe Bédos, a Moroccan-born Frenchman, took over nearly two years ago, he's looked for ways to give Birks the cachet of other elegant retailers like Chanel and Dior, which also use Maison in their names (literally meaning "the house of").

The storied company that has remained in Canada for over a century (it also owns 20 Mayors jewelry stores in the U.S.) wants to create an international buzz with a big push into China. TORSTAR NEWS SERVICE

Market Minute

DOLLAR
96.96¢ US (-0.20¢)

TSX 12,788.25 (+ 29.6)

OIL $103.03 US (-0. 81¢)

GOLD $1,325.10 US (+$15.20)

Natural gas: $3.63 US (+ 0.3¢)
Dow Jones: 14,936.24 (-136.34)

Cool quotient. Trendy e-cigarettes could hook youth on nicotine: Journal

A medical journal editorial raises concerns youth may be attracted to trendy e-cigarettes. THE ASSOCIATED PRESS

A leading Canadian medical journal is raising concerns that electronic cigarettes could hook a new generation into nicotine addiction.

With fruit-flavoured products and movie star endorsements, e-cigarettes could lure youth who wouldn't otherwise smoke into a nicotine habit, an editorial in this week's issue of the Canadian Medical Association Journal suggests.

The editorial was written by Dr. Matthew Stanbrook, a Toronto-based respirologist and an editor at the journal.

Electronic cigarettes are small cigarette-shaped canisters that are used to simulate the sensation of smoking. Batteries in the canisters heat up fluid-filled cartridges that then give off a vapour, which from a distance resembles smoke.

Some of the cartridges are filled with flavoured liquids, for example cherry or menthol. Others contain nicotine, though those are not meant to be sold in Canada.

Stanbrook acknowledged that e-cigarettes probably do help some people quit smoking. But he worries that — unlike nicotine patches or gum — the devices have a cool quotient that could appeal to youth and spur them to start consuming nicotine.

"The gum isn't cool for youth to use in clubs. No one's going to make that sexy. No one's going to make sticking a nicotine patch on sexy and trendy. But here's something that looks to a casual observer exactly like smoking, can be made trendy, can be expanded to people who never smoked."

THE CANADIAN PRESS

A head scratcher. Pink penalty flags at NFL games lead to mass confusion

The NFL won't use the pink penalty flags beyond Monday night's Jets-Falcons game.

The pink flags were part of the NFL's "A Crucial Catch" campaign in support of breast-cancer awareness. Coupled with the players' pink equipment, especially their gloves and towels, the pink flags caused confusion among broadcasters, fans, players and coaches Sunday.

The league hadn't specified whether the pink penalty flags would be used through Week 7 like the rest of the breast-cancer initiative, "but the experience this weekend solidified that it would be for one week only," NFL spokesman Michael Signora said.

THE ASSOCIATED PRESS

Under the provisions of *The Alcohol and Gaming Regulations Act, 1997* Notice is hereby given that Habesha Restaurant and Bar Inc. has applied to the Liquor and Gaming Authority for a Restaurant with Lounge Permit to sell alcohol in premises known as Habesha Restaurant & Bar & Entertainment at 255 3rd Avenue South, Saskatoon, SK of which the following is a correct legal description:

Lots 15 & 16
Block 152
Plan C195 (Q2)
Saskatoon, SK

Written objections to the granting of the permit may be filed with SLGA not more than two weeks from the date of publication of this notice.

Every person filing a written objection with SLGA shall state their name, address and telephone number in printed form, as well as grounds for the objection(s). Petitions must name a contact person, state grounds and be legible. Each signatory to the petition and the contact person must provide an address and telephone number. Frivolous, vexatious or competition-based objections within the beverage alcohol industry may not be considered, and may be rejected by the Saskatchewan Liquor and Gaming Licensing Commission, who may refuse to hold a hearing.

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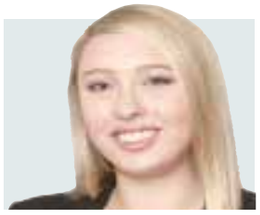
WILL YOU SPLIT THE COST WITH ME?



SHE SAYS

Jessica Napier
metronews.ca

Asking your bride-to-be to cough up some cash for her own engagement ring might seem like an indecent proposal, but what if she offers to help pay for the rock? A recent survey conducted by wedding planning website The Knot reveals that more and more heterosexual couples are splitting the cost of the engagement ring. Forty-six per cent of women who responded to the poll indicated that they would be willing to contribute their own money to make sure they wind up with the diamond of their dreams.

I have mixed feelings on this new trend. On the one hand, why shouldn't a woman offer to chip in to help cover the cost of the ring? If she earns big bucks and has a preference for flashy jewelry then it makes sense for her to invest in something she truly wants.

Going Dutch on an engagement ring acknowledges the modern reality of joint bank accounts and merged finances. Cohabitation before marriage is now the norm and splitting domestic expenses is usually part of the arrangement, so sharing the cost on this piece of marital hardware is a practical financial decision.

However, an engagement ring isn't just a cable bill or a furnace that needs replacing. It should be a symbol of love and commitment, not just another item on your monthly household budget sheet. Picking out a ring prior to the proposal and dividing the price tag between two Visa cards kind of takes away the romantic element of surprise. If an engagement ring is a gift from your future spouse, surely the sentiment is more important than the size of the rock?

For better or worse, most North American couples have bought into the wedding industry complex, which dictates that diamonds are an essential part of the courtship ritual. But increasingly it seems that the ring itself — the cut, the colour, the sparkle — has become centre stage in the engagement process.

After announcing news of a proposal, women are accosted by friends and family who can barely get out a hurried, "Congratulations," before demanding to see the ring. Every weekend social media is flooded, not with images of smiling couples, but with close-up, iPhone snapshots of left hands adorned with recently acquired diamonds.

So is this trend towards cost-sharing really about equality, or is it an indication that our obsession with bridal bling has become too much for one paycheque to bear?

At the end of the day, we shouldn't really judge one another or comment on how others choose to spend their money. If you fancy a blinged-out sparkler then go ahead and invest in a nice rock together, but remember that the price of the ring doesn't signify the level of commitment. You can't measure love in carats.

Follow Jessica Napier on Twitter @MetroSheSays

ZOOM

Folk girl is larger than life

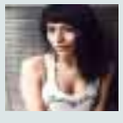
COURTESY NATALIA RAK

No, she didn't fall down a rabbit hole

These days, in the Polish city of Bialystok you can seemingly spot a giant girl watering a chestnut tree.

This massive five-storey mural of a girl with a watering can wearing a traditional folk outfit was painted by graphic designer Natalia Rak. The work was made as part of the city's Folk on the Street art festival. **METRO**

Artist's comments



"At first, the festival organizers wanted to cut down the tree to make room for the mural. But when I showed them my idea, they didn't need to."

Natalia Rak, 27, graphic designer

Timeline

4

It took Rak four hours to make the sketch of the girl. The 27-year-old from Lodz, Poland, used a cherry picker to reach the higher sections of Bialystok's Institute of Chemistry building.

Clickbait

ANDREW FIFIELD
andrew.fifield@metronews.ca

I was slow to come around to audiobooks because early recommendations to me were all fiction, which for whatever reason I couldn't — and still can't — enjoy as an audio experience rather than a written one. Non-fiction though? I could listen to those all day. Here are three of my favourites, which are all available on Audible.

ISTOCK IMAGES

Shadow Divers (Robert Kurson):

When a group of divers set out in 1991 to solve the mystery of an unknown object on the sea floor off the New Jersey coast, they instead find a deeper riddle in the form of what should be an impossibility: A Second World War U-boat that both the German and American governments denied existed. The discovery kicks off a seven-year quest aimed at unravelling the history of "U-Who," a quest that winds through bitter disputes, imploding relationships and family tragedy.

Tearing Down The Wall of Sound (Mick Brown):

Phil Spector's Wall of Sound production technique remains one of the most stunning rackets you'll ever hear, 50 years after the release of classic girl group gems like Then He Kissed Me. By the time Mick Brown began working on this biography, Spector had become a recluse with a very dark reputation — and this was before actress Lana Clarkson was shot dead in the producer's home and true-crime seeped into the story of a music legend.

Tokyo Vice (Jake Adelstein):

A 19-year-old from the U.S. Midwest arrives in Japan to study literature, taking up residence in a Buddhist temple. After launching a career as the first non-Japanese reporter at one of the country's most prestigious newspapers, Adelstein soon finds himself working the crime beat in Tokyo's sleazy and tragically bleak underworld — eventually coming up against one of the yakuza's most fearsome bosses.

Comments

RE: Annie Lennox Slams Music Industry's 'Highly Styled Pornography,' published Oct. 6

Annie is so correct. The videos are such a bad influence on young people ... would be rapists included.

I don't understand why these performers have to resort to this "highly styled pornography" other than to draw more attention to themselves due to low self esteem or to make more money.

Unfortunately, it seems to be working.

scooter posted to metronews.ca

WE WANT TO HEAR FROM YOU: Send us your comments: saskatoonletters@metronews.ca

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DVD review

After Earth

Director. M. Night Shyamalan

Stars. Jaden Smith, David Denman, Will Smith

After Earth is so staggeringly ill-conceived, you almost have to admire the moxie of everyone involved with it. First you have a major studio (Sony), rolling the dice on a sci-fi blockbuster by an auteur director (M. Night Shyamalan), whose previous attempts at popcorn thrills (The Last Airbender, The Happening) were greeted with raspberries. Then you take your marquee star (Will Smith), add 10 pounds and remove all charisma, while benching him for most of the movie. The burden of the picture falls upon the star's 14-year-old son (Jaden Smith), who simply can't emote within the CGI-heavy environment of the dangerous post-Apocalypse planet he's playing hero in. Jaden is told by an older fighter that he's "not ready" for prime time, because he has a tendency to fade in the field — a comment that indirectly serves as criticism of the kid's underachieving acting. The end result is a movie that should have been called Death Wish, had that title not already been nabbed long ago. And the only value in watching it is to see an expensive disaster slowly unfold.

PETER HOWELL

Sara Canning and Ryan Kwanten star in The Right Kind of Wrong. CONTRIBUTED

A story of love in the time of camera phones

The Right Kind of Wrong. After being skewered on the Internet, rom-com's hero is not your typical knight in shining armour

Stop us if you've heard this one before: The Right Kind of Wrong isn't typical rom-com fare.

"And I need to use the word 'quirky' too, right?" said Sara Canning in an interview. "Because everyone says 'quirky romantic comedy.'"

Canning, 26, plays Colette, the target of the affections of despondent dishwasher/writer Leo (portrayed by True Blood star Ryan Kwanten), whose reputation is left in tatters by his ex-wife's hyper-popular blog Why You Suck.

Leo falls in love with Colette on the very day she's set to marry an athlete humanitarian. What follows is a single-minded, nearly stalkerish, sometimes painful quest to make her love him, turning the lovable male knight trope — and the idea of the weak-willed woman — on its head.

"It's not the traditional way that he takes, but he works his way in there," said Canning. "And I don't think it's just about her falling in love with him, I think it's her realizing a lot about what she's settled on and what she's shelved in her life under some idea of what marriage is."

Kwanten said he relished the chance to play a character who isn't necessarily likable on screen, but who wins over the girl — and the audience.

"Leo is flawlessly flawed in a way. ... This was a character I've never seen in film before, and it was a great challenge, sinking my teeth into this guy who's so self-centred, obnoxious, sort of a professional dreamer. And to step into his shoes like that, it almost made me realize that in a weird way, we all kind of dream to be like that, but because of societal conventions, we're predisposed to not being like that," said the 36-year-old actor.

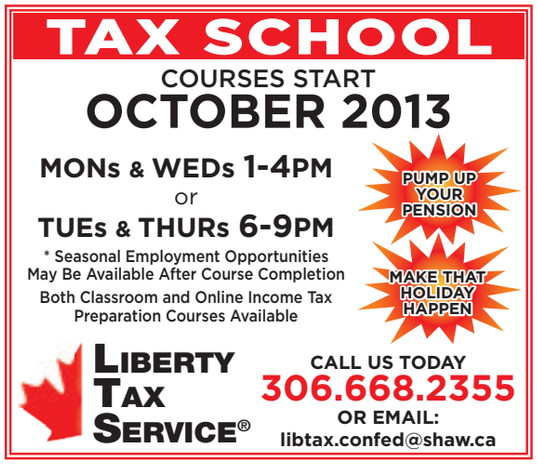
"Growing up, I was always sort of the shy kid. I was always the fool standing in the corner at a dance party wanting to dance but being too caught up in my own little world, so worried about what everyone else is thinking, to get down and have a bit of a boogie. These days, you hit your mid-20s, your late-20s, you think, 'What do I have to lose? Life's getting away from me and I'm not doing the things that I really want to do,' and this guy does everything he wants to do."

The Right Kind of Wrong hits theatres on Oct. 11.

THE CANADIAN PRESS

Adaptation

The film is adapted from the 1987 novel Sex and Sunsets, which was released well before the Internet's prime. The story in its current form is very much a product of this mobile-device moment, where Kwanten says we are "losing our ability to listen or to be romantic."



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Saskatoon Wildlife Club is located 3 miles north of Central Avenue and Attridge.

Pixies. Old band, new tricks — and new tour

The Pixies kick off a North American tour in Toronto Jan. 15. THE ASSOCIATED PRESS

As a young musician, Pixies frontman Charles Thompson was determined to make it past the velvet rope at the mythical club that is rock stardom.

"It inspired us even from the time before we were rock musicians," said Thompson, who performs under the name Black Francis. "It's how we became rock musicians ... the idea of being in that club."

But even for a band as influential and revered as the Pixies, maintaining club membership means staying relevant. And that can be a tricky thing.

How many continual tours of only old hits, after all, can a band embark on before it starts drifting too close to nostalgia act territory? At what point must a band fire up the songwriting engines again to reaffirm itself to new generations of music listeners?

In the case of the Pixies, who disbanded in 1993 and reunited in 2004, the last decade has been marked by what Thompson calls a "never-ending, it seemed, encore performance of our repertoire" with only one new song, Bam Thwok, released in 2004, to show for it.

"It was easy to be distracted from any other kind of ambitions like recording and writing new material because we were constantly touring or taking a break from touring," Thompson said during a recent stop in New York.

That all changed in late June, when a video for a new song, Bagboy, showed up online unannounced. A few weeks later, the band again surprised fans with an online collection of four new songs released under the name EP-1 along with a global tour announcement. The band added a 33-city, North American leg on Monday that's scheduled to kick off in Toronto on Jan. 15.

The new songs are immediately catchy, with more emphasis on traditional song structure and less of the quirky and frenetic nature of earlier songs. "Andro Queen" and "Another Toe" are more classic rock than punk, while "Indie Cindy" and "Bagboy" have more of the classic Pixies formula, with Thompson's uncanny half-spoken sermons and odd time-signature changes.

THE ASSOCIATED PRESS

They're back and wreaking Havok

New album. AFI's singer Davey Havok says the record's tone is 'brutal throughout'

JOHN PLICHTER
Metro World News in Boston

Since the release of their major label debut, Sing the Sorrow, 10 years ago, AFI have solidified themselves as a band that can blend a variety of musical genres at once. Just as their look has evolved over the years, so has their music.

"A good analysis would be that we're blending the pure rock feel of Crash Love with the electronic elements of Decemberunderground," says singer Davey Havok when asked about their upcoming album Burials. "It's a musically ambitious record," he says.

The first single off of Burials, is I Hope You Suffer, which seems to have a more brutal sound than anything from Crash Love. Does the whole record follow suit?
I'd say the tone and sentiment of the record is brutal throughout. I Hope You Suffer really represents the majority of it. There's more yelling in tone on the record than in practice.

I understand that it took you only six weeks to record Burials.
It was tense and pressurized. We had to get so much done in such a short amount of time. We stayed focused and managed to do it, and I'm really happy with the way it sounds. But would I have liked to have more time? Yes. There were a few other songs that I would have liked to track and record.

I've heard that you typically write upwards of 100 songs before selecting the best ones for the record. How many are we talking about here?
I can't say exactly how many we wrote and demoed out this time around, but I feel it was upwards of 60 songs. I really loved a lot of them too.

What to wear...

You've launched a few clothing lines over the past few years. Any fall fashion tips?

- I'm a vegan and don't wear wool, and fall is a very wool-heavy season. ... But there's a lot of great vegan stuff out there. Joshua Katcher just created a line of off-the-rack suits for men that I'm very excited for.

Davey Havok says recording the new album was "pressurized." GETTY IMAGES

Villain sinks his Klaus into very own spinoff

The Originals. The Vampire Diaries spinoff gives bad guy Klaus Mikaelson more time to shine

The big, bad villain on the CW's The Vampire Diaries has his own series now.

Joseph Morgan first appeared during season two as Klaus Mikaelson, one of the world's first vampires, who is also half-werewolf. He was a series regular in the third and fourth seasons. "I love it," said the 32-year-old Morgan. "It's been one of the most fun characters I've ever played."

Fans loved Morgan's Klaus and his fellow vampire family members. They were making YouTube videos about the clan before the spinoff was announced. In The Originals, Klaus moves to New Orleans after being away for about a hundred years and wants to take over the city.

Morgan is joined on the series by Vampire Diaries cast members Daniel Gilles, Claire Holt and Phoebe Tonkin.

The show premiered last week on Thursday (9 p.m. EDT), but will begin airing in its regular Tuesday time slot (8 p.m. EDT) beginning today.

We asked Morgan a few questions about his new show.

How would you describe Klaus?
Klaus is an original vampire. His family was the first vampires to ever walk the planet. He's also a hybrid. He's half-vampire, half-werewolf because his father was a werewolf, different to his siblings. (His siblings had a different father.) So, when we were made vampires 1,000 years ago and we each made our first kills, part of the werewolf curse is when you make your first kill, you transform (into a wolf), so it was then that my hybrid nature became apparent. Because of that, Klaus is pretty much indestructible. There's a very, very complicated way that he can be killed, but I don't think anyone needs to know that.

What's it like to star in your own show?
For me it's more consuming because I'm just in more of it. There's more to do. I'm interacting with almost every character and my character is talked about a lot in the scenes I'm not in.

THE ASSOCIATED PRESS

Joseph Morgan says Klaus Mikaelson is the one of the most fun characters he's ever played. THE ASSOCIATED PRESS

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Lindsay Lohan ALL PHOTOS GETTY IMAGES

She's once, twice, six times an expert: Lindsay's tough lessons turn her to teaching?

Having been checked into rehab six times herself, Lindsay Lohan is something of an expert when it comes to recovery. Or at least that appears to be the thinking behind her latest idea for a career move. The troubled starlet is reportedly looking into opening her own rehab centre and naming it after herself, according to Radar Online. "Lindsay is telling friends that she knows what works and doesn't when it comes to treatment. She feels that she is in the right frame of mind now to give advice to other young people who have their own problems," a source says. "She loves the idea and really believes that if her name is attached to it, it will help draw attention to sobriety."

A pain in the neck won't stop this Snow White star

Charlize Theron is going to be rocking some scarves for a bit after finally undergoing surgery for a neck injury she suffered several years ago, according to Us Weekly. "Charlize got injured on a set and broke a vertebrae years ago," a source says. "It's been bothering her a lot lately so she had surgery to correct it and they had to go through her neck."

Charlize Theron

The Word

Jai gets jilted: A D-list love triangle plays out on Twitter

MELINDA TAUB
Metro World News

Do you ever wish pop culture would just freeze where it is? No new famous people admitted, we're at capacity? I feel like every time I turn around there's a new crop of pop star types, singing and courting and calling each other out on Twitter, and it's getting hard to track.

Ariana Grande's ex Jai Brooks posted a long rant on Twitter accusing her of cheating on him when she began her relationship with Nathan Sykes. Apparently all three of these people are famous. OK, OK, I know who Ariana Grande is, and Nathan Sykes is in the Wanted, but for the life of me I can't figure out how I'm meant to have heard of this Jai person.

Anyway, Jai is very sad right now, because Ariana not only dumped him for Nathan — she also cheated on him, he claimed. "Yes I was cheated on. Yes it does suck," he wrote on Twitter.

"Nathan may be a top bloke or a sweet person, but what he did was just completely wrong. He interfered with my life and did not respect my relationship, his actions caused me to not be able to sleep at night and not see the world as a beautiful place. Nathan if you read this, when you hold her hand you better hold it tight because you are holding my world."

Aw, poor kid. Who knows what really went down, but he really does sound heartbroken. I am Team Jay. Sorry, I mean Team Jai.

Scarlett Johansson

Sexy Scarlett knows her title Don come easy

Scarlett Johansson is officially very attractive. Esquire magazine has dubbed the Don Jon star the Sexiest Woman Alive once again, making her the first woman to have the honour of earning the title twice. She was also named Sexiest Woman Alive by the magazine seven years ago. And Johansson doesn't plan on wasting this opportunity. "I'm the only woman to win twice, right? You know, I've got to hustle," she tells the magazine. "I'm a 28-year-old woman in the movie business, right? Pretty soon the roles you're offered all become mothers. Then they just sort of stop."

Twitter

@mindykaling
The hell of the modern dinner party is that interesting people never want to talk about themselves and boring people ask no questions.

@johncusack
well that instagram aint me don't even have an acount.

@ElizabethHurley
PS contrary to ludicrous reports, family, friends & followers, I am certainly not trying to have a baby..... mind boggling.

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Hot 'n' Cold and fit all over

Katy Perry. The 28-year-old pop star's personal trainer, Harley Pasternak, tells Metro how she stays in shape

ROMINA McGUINNESS
life@metronews.ca

She may have John Mayer, more than 42 million Twitter followers and endless chart records, but Katy Perry is just a regular gal who wants the same thing many women want: to look and feel great as quickly and safely as possible.

And here's how she does it. "Katy and I train together three times a week — a typical session will last up to 45 minutes. Every day is different, but we'll always start off with a five-minute cardio warm up, either on the elliptical or on a bike, followed by an upper body exercise, a lower body exercise and an abdominal exercise. We do repeat this sequence as a non-stop circuit a number of times before ending with a five-minute cardio cool down," Harley Pasternak, the star's trainer, tells Metro.

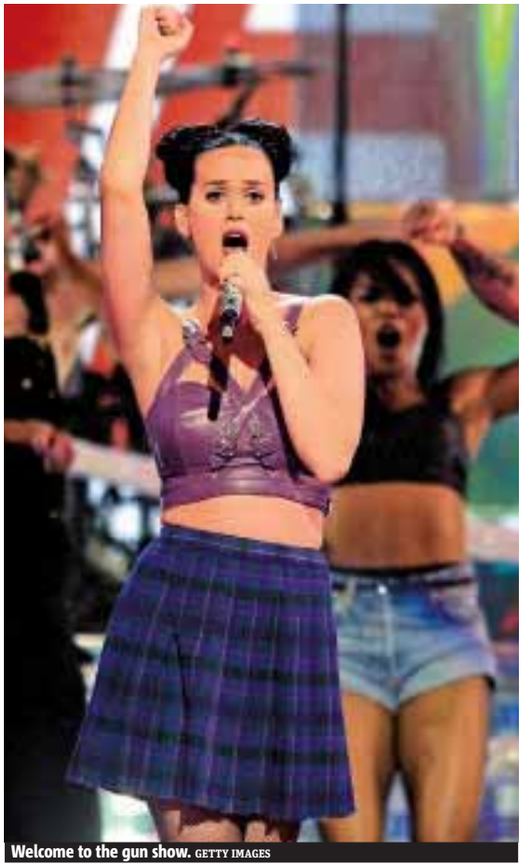
It's not only all about her presence and stamina on stage.

"People (not just the singer) are constantly rolling their shoulders forwards, whether that's because they've been sitting down for too long, texting or working in front of a computer. We really focus on trying to undo that and elongate the front of her body by working her upper back muscles (rhomboids) with things like cable and dumbbell rows. We also focus on her lower back with exercises like Superman and her hamstrings by doing stiff leg deadlifts. We'll also do tricep press-ups or dumbbell tricep extensions."

Work that body

"Every day is different, but we'll always start off with a five-minute cardio warm up."

Harley Pasternak
Katy Perry's trainer



Welcome to the gun show. GETTY IMAGES

The Perry diet

Her trainer makes sure Katy Perry eats five times a day — three meals and two snacks. Every time she eats there has to be a protein, a fibre and a healthy fat. This helps her feel full and boosts her metabolism

Breakfast

Red breakfast smoothie

Lunch

Salad with grilled chicken

Dinner

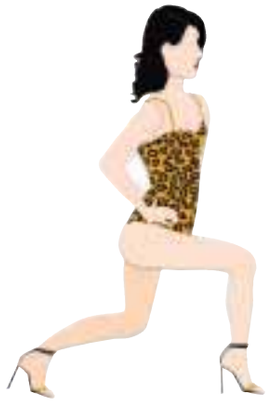
Shrimp stir-fry

Snack 1

Cut veggies with hummus

Snack 2

Air pop popcorn



The Perry workout

Do 3 sets of 20 reps for each move.

Skater lunge

Works the glutes, quadriceps and a bit of your adductor muscles and hamstring. Stand with your feet shoulder-width apart. With your right leg, step back and across your body, dropping your right knee behind your left heel. Then return to the beginning stance and do the opposite — step your left leg back and across your body, dropping your left knee behind your right heel.

Triceps press-up

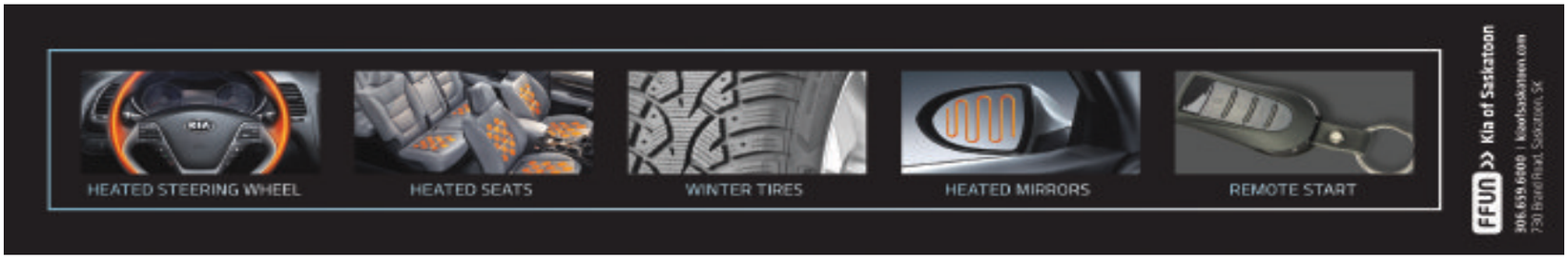
Works the triceps. Lay on your stomach (on the floor or a mat) with your hands on the ground beside your chest. Keeping your elbows tight against your rib cage, press up into a cobra-like position using your triceps. Return to the original lying position and repeat.

Bent over dumbbell row

This works the back. Start by standing with feet shoulder-width apart, knees slightly bent, holding a dumbbell in each hand with your arms by your sides, palms facing toward you. Bend your knees and hinge forward from your hips, pushing your butt back and keeping your back straight, but as close to parallel to the floor as you can get. This is your start position. To initiate the row, drive your elbows behind you, squeezing your shoulder blades together, to bring dumbbells tight against your ribs. Lower dumbbells toward the floor, slowly releasing the row movement and return to the standing start position. That's one rep. Make sure you look straight ahead — not at the ground — for the duration of the movement.

Lying side bends

Works the obliques. Lie on the ground on your left side, hands stretched above your head. Lift the right knee and pull the right elbow down so they meet. Return to start. Repeat on the other side.



Tomatoes, feta, corn and avocado go with the grain

ROSE REISMAN
For more, visit rosereisman.com or follow her on twitter @rosereisman

This recipe serves eight. ROSE REISMAN.

Ingredients

- 1 cup brown rice
- 3 cups water or chicken stock
- 1/2 tsp dried oregano
- 1/2 tsp ground cumin
- 2 tsp vegetable oil
- 1 cup chopped onion
- 2 tsp crushed garlic
- 1 cup canned corn
- 2 cups grape tomatoes
- 2 cups canned and rinsed black beans (one 19 oz/540 ml can)
- 2 cups arugula
- 3/4 cup crumbled light (30% reduced) feta cheese (2 1/2 oz/75 g)
- 2 tbsp olive oil
- 3 tbsp lemon juice
- pinch of salt and pepper
- 1/3 cup chopped cilantro or parsley
- 1/2 cup diced avocados

This grain salad is best either warm or at room temperature.

It's best to cut the avocado just before serving or squeeze lemon juice over top to prevent browning.

Brown rice is a whole grain filled with nutrients such as B vitamins, fibre and protein.

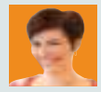
1. Add the rice to the water or stock with the oregano and cumin. Bring to a boil, cover and simmer for 25 to 30 minutes or until the rice is cooked. Drain any excess liquid. Set aside.

2. Meanwhile in a large skillet, add the oil and onion and sauté for 5 minutes until tender. Add the garlic and corn and sauté until the corn begins to brown. Add the tomatoes and cook until slightly charred (about 3 minutes).

3. Add the beans, arugula, feta, olive oil, lemon juice, salt and pepper, cilantro and rice. Heat just until warm. Add diced avocado.

Health Solutions

Getting corny



NUTRI-BITES
Theresa Albert
DHN, RNCP
myfriendinfood.com

Corn is a great source of fibre, lutein and zeaxanthin to protect your eyesight. Its sweet juiciness also lends itself well to all fall culinary flavours. Here are some creative ways to enjoy it.

• Cut short three-inch chunks and roll in extra virgin olive oil. Then, place into the oven at 375 F for 20 to 30 minutes, turning occasionally. These roasted husks are a beautiful addition to a chili or a side dish to grilled meat.

• Remove the silk and soak for an hour in cold water then place directly on the grill, turn often for 20 to 30 minutes. Remove husks and keep some of the inner leaves as garnish leaves or platter linings through the winter months to add a fresh flair. Store flat in freezer bags in the freezer. Eat corn as usual, rolled in butter.

• Cut from the cob raw and toss into a skillet with a pinch of smoked paprika and/or cayenne and a generous squeeze of lime juice. Add a dollop of butter and serve as a side dish with fish.

• Cut any leftover corn off the cob and stir with minced red onions and a vinaigrette. Use as relish.

• Scrape corn from the cob with a flat knife and reserve any "cream". Stir 1/2 cup corn with its cream with 1/2 cup Greek yogurt and 1/4 cup grated cheddar cheese with a dash of Worcestershire, pinch of oregano and a clove of minced garlic. Use as a bread spread or in wraps in place of mayo. **THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM**

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OMG! She can get 500 men and she can get 500 more: the 100,000-men challenge

Poland's Ania Lisewska knows how to reach her goals. CONTRIBUTED

KIERON MONKS
Metro World News

In May, Ania Lisewska from Warsaw had an unusual epiphany, deciding she could contribute to a more progressive society by sleeping with 100,000 men covering every country.

The 21-year-old design student's tally is so far just shy of 1,000. She has been prevented from entering countries such as Iraq and Lebanon, but told us she is still confident.

Your mission could take forever. Do you expect to complete it?
The end is far away but I am slowly making progress and everything is going to plan.

It seems very demanding. What is your motivation?
The project started to fight the taboo around sex, and if I can do something for this it will be a good achievement. I am motivated by the positive feedback I am receiving from my fans.

And where have you received the best welcome?
Every country has great lovers, especially Polish, Czechs and Portuguese.

You have become a sort of celebrity. What sort of fan mail do you get? And what do your friends and family think?
Feelings are mixed. There are extreme cases of outrage, threats and negative opinion. I was surprised by the confusion and noise around the project — I had no idea it would move people so much. My family is not very interested.

Have you thought about just doing something else?
Not until I complete my mission!

Uniting to prove not evolving is a sin

Q&A. Transhumanists believe we can hack our bodies to become superhuman and a new generation of Mormons support them

KIERON MONKS
Metro World News

Carl Youngblood of the Mormon Transhumanist Association. HANDOUT

Science mixes with religion like oil and water, but Carl Youngblood, head of the Mormon Transhumanist Association, wants to bridge the gap. Youngblood is disliked by many traditional Christians and transhumanists — who believe technology will make us superhuman — but Youngblood believes that if everyone can stop squabbling there will be fabulous rewards.

What are the main points of unity between your faith and transhumanism?
I'm a Mormon and it is close to a scientific naturalist point of view, in that we ultimately believe there are physical explanations for everything, including miracles. We believe humans can progress from their current state to something more advanced.

What aspects of transhumanism are you most keen on?
I've always been a tech enthusiast since I played with computers as a kid. Ten years ago I read Ray Kurzweil's book on the Singularity, and started to become aware of the rate of change and progress. I began to think things could happen much sooner, and transhumanism has made mainstream the awareness of exponential change.

They want to resurrect the dead. Are you playing God?
There is a tension in entering some domains traditionally left to God. The prospect of indefinite life is threatening to people with a more traditional view, but I see it as reconcilable because of my collective view of a God that works through us and does not impose upon us.

So, who hates you more – the traditional Christians or the science geeks?
We're misunderstood by both sides: a lot of transhumanists are highly secular and cannot reconcile their ideas with religion and see it as a desecration of their goal. Traditional believers see us as heretics. But we're trying to bridge the gap and both sides stand to benefit. Also, transhumanists display religious behaviour in their culture.

Do you take part in the research and experiments? Would you be happy to be part mechanized?
There is not enough of this but we try to make inroads; fundraising for scientific research. We're supporting an exciting protein development project and another for DNA mixing.

Is it a sin not to evolve?
It's hurting ourselves. If we don't take hints from the universe we are punishing ourselves, rather than God.

Good ol' manly rock, nothing beats that

Competitors compete in the U.K. Rock-Paper-Scissors Championships. WACKY NATION

No wait paper does!
Cut, cover and smash your way to victory — welcome to the wacky U.K. championships of rock-paper-scissors

It's been around forever, but the U.K. Rock-Paper-Scissors Championship has revived the classic battle of wits. With the 2013 edition next month, we spoke to organizer Sally Raynes, who also runs Wacky Nation sports, including backwards-running.

What does it take to be a champion?
Some of it is luck, but also psychology, cunning and arrogance.

How do you get in someone's head?
Lots of things: one is if you look them in the eye or put on shades. That can be disorientating. Another thing people do is walk up in a very aggressive way that suggests you will throw a rock, and then go for paper. Others pull faces or dance, anything to unnerve an opponent.

Are there "rock" people — people that you can tell will choose rock?
Typically it's men — women are more likely to use paper because it's passive-aggressive. Scissors are for cunning people.

Tricking the rockers

"Women tend to use paper because it's more passive aggressive."
Sally Raynes, Rock-Paper-Scissors Championship organizer

The last three champions have all been from the small town of Woking in southern England. Why are they so good?
Investigators were sent there to find out but couldn't, so I have no idea. It must be something in the water supply.

At Wacky Nation you also organize backwards-running and worm-charming. Which is your favourite?
I love rock-paper-scissors. So many people return every year and it's in a pub so there's a great atmosphere. By the final round, half the pub is on each side. There is so much trash-talking. METRO

Jonathan Lemieux, author of Survivre avec une poignee de change, or Surviving on a Handful of Change, poses at his apartment in Montreal with a copy of the book and food he bought at a dollar store. GRAHAM HUGHES/THE CANADIAN PRESS

Could you survive on dollar-store food?

Low-budget living. While doing a second degree, this man lived on food from Dollarama for three years — and his cookbook proves it

A Montreal man who spent three years consuming meals consisting mainly of staples found at the local dollar store has parlayed his culinary journey into a cheap-eats cookbook.

But as Jonathan Lemieux tells it, the exercise wasn't a wild attempt to lose weight or partake in a dieting fad — it was driven by necessity.

The cookbook, Survivre avec une poignee de change, translates loosely to Surviving on a Handful of Change, and chronicles his time as a student trying to make do with limited funds.

Lemieux, now 30, had gone back to school at the time to do a second university degree in fine arts. With a bit of money from working and a budget based on loans and bursaries, he found himself on a very strict food budget. "I decided it was too expensive for me to go to the grocery store, it was almost a luxury," Lemieux said.

He worked with a monthly food budget of between $75 and $115 — or roughly $20 to $25 a week. Armed with basic cooking skills, he was trying to figure out how to stay fed. A trip to the local dollar store triggered an idea.

"One day I was shopping at Dollarama for pens and pencils and I'd forgotten they sell food, so I started to buy all my food there," Lemieux said.

He estimates that 90 per cent of what he ate was bought at the store. He would supplement those foods on occasion with discounted, and nearly expired, meats and vegetables from the grocery store. Lemieux said he tried to clip coupons when he could or go to the open-air market to pick up fresh foods in season. "But most of the time I'd end up at Dollarama," Lemieux said.

Instead of eggs and milk, he used plenty of mayonnaise, soup base and oil. Dollar-store bread was a staple, as were chickpeas.

Some of his favourite recipes include a version of seafood paella using canned mussels and oysters and with beef jerky replacing chorizo sausage. "It was probably much more fattening but it was still good," assures Lemieux. He made a shepherd's pie using tinned beef, canned corn and a box of mashed potatoes. Another favourite was a beet soup, which he said was much like Polish borscht. There was also a pickle soup, "which sounds disgusting, but it's actually pretty good," he added.

Lemieux even found a way to come up with desserts, which he qualified as a luxury while on budget. His favourite was mustard cookies, which include mustard and lots of sugar. "I like them, they're pretty good, and I still make them actually."

The book was released at the end of September in French. Lemieux says it's too early to say if the book will have an English translation, but he'd welcome one.

THE CANADIAN PRESS

Metro tried this already...

- It's not the first time the so-called dollar-store diet has been attempted, and experts often say consumption of that much processed food can be problematic in the short term and long term.
- Genevieve Nadeau is a dietitian who oversaw a local Metro reporter's own one-week Dollarama diet this summer, in order to see if the journalist could meet standard nutritional requirements by eating dollar-store food.
- Assessing a food diary, she found way too much salt in such a diet, which is common when eating canned items. Lots of canned meats are high in fat, while canned vegetables are heavy in salt and have little protein.

Dollar Decision$ series helps you talk to kids about money

YOUR MONEY
Alison Griffiths
money@metronews.ca

Knowing what to teach kids about finances can be difficult, but a new educational tool can help parents tackle the subject. ISTOCK

Most parents would rather tackle sex education than financial education. Everyone with kids has some experience of the former but many lack confidence in their money skills. And even if one is pretty good with the bucks, knowing what to teach kids about finances and when to do it can be perplexing.

Then you get to the teen years when educating those little darlings about anything can be as difficult as rappelling without a rope.

Fortunately, there's help for parents of Gen Tech. Dollar Decision$, an interactive series just launched by the Investor Education Fund, is available at getsmarteraboutmoney.ca, and offers three engaging life situations to draw teens into thinking about financial issues.

Dollar Decision$ was rolled out to teachers this summer, but I think it is also an excellent tool for parents who want to encourage teens, not only to make smart financial decisions, but to think about the consequences of different roads taken. For example, in the Laptop Liberty scenario, buying a new computer offers various options for arriving at the goal. Some leave money in the wallet; others end up resulting in a debt.

One of the best aspects of Dollar Decision$ is that it allows students to make less-than-ideal choices, then shows them the cost in dollar terms. I also like the links available, especially the Financial Goals Worksheet — a handy tool for any age. The worksheet gets kids thinking about financial goals, then creating a plan to achieve them.

And while you're at it, encourage teens to try their hand at the Credit IQ quiz link at the bottom of the Dollar Decision$ series. Even though a young person may be years away from getting their own credit card, learning how they work, and how they affect a credit score and one's ability to borrow, is vital information.

Continuing on the kids-and-money theme, there are still a couple of weeks left in the Credit Canada Debt Solutions annual essay contest. Visit cewc.ca. It's open to Grade 12 students with 25 prizes of up to $5,000 available. I'm a judge for the contest. Here's a tip — don't be afraid to expose yourself, and the funnier the better.

Contact Alison at griffiths.alison@gmail.com or alisongriffiths.ca

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The Rays' Jose Lobaton hits a walk-off home run in the bottom of the ninth inning on Monday night to give Tampa Bay a 5-4 win in Game 3 of the American League division series. MIKE EHRMANN/GETTY IMAGES

Lobaton tees off to keep Rays afloat

MLB. Tampa Bay cuts ALDS deficit to 2-1 thanks to catcher's heroic home run

The Tampa Bay Rays are still afloat in the AL division series.

Jose Lobaton hit a solo home run with two outs in the bottom of the ninth inning into the giant fish tank beyond the centre-field wall, and Tampa Bay staved off elimination once again by beating the Boston Red Sox 5-4 Monday night.

The Rays cut Boston's lead in the best-of-five series to 2-1. Game 4 is Tuesday night at Tropicana Field, with Jake Peavy starting for the Red Sox against Jeremy Hellickson.

Tampa Bay took a win-or-go-home game for the fourth time in nine days. The Rays did it with an unlikely stroke as Lobaton, who came off the bench late in the game, connected against Red Sox closer Koji Uehara.

"It's unbelievable. It's something you can't explain," Lobaton said. "We never give up. We're going to keep fighting."

Back home after two weeks on the road, the Rays gave a sellout crowd of 33,675 little to cheer until Evan Longoria homered on his 28th birthday. Longoria's three-run shot off Clay Buchholz with two outs in the fifth rallied Tampa Bay to a 3-3 tie.

Pinch-hitter Delmon Young, who has a penchant for driving home key runs in October, put the Rays ahead 4-3 with an RBI grounder in the eighth.

The Red Sox tied it in the ninth against Rays closer Fernando Rodney. Dustin Pedroia's RBI grounder made it 4-4.

Rodney got the win when Lobaton homered to right-centre into the 10,000-gallon tank where cownose rays swim around.

Uehara did not give up a home run in his final 37 regular-season appearances.

The Rays won three must-win road games in three cities over four days just to get into the division series, so they felt good about their chances of coming back against the Red Sox. THE ASSOCIATED PRESS

Elsewhere Monday

- Brandon Moss, Josh Reddick and Seth Smith homered for the Oakland Athletics, who chased Anibal Sanchez in the fifth inning Monday and defeated the Detroit Tigers 6-3 for a 2-1 AL division series lead.
- Rookie Michael Wacha took a no-hit bid into the eighth inning and the St. Louis Cardinals showed off their October poise, edging the Pittsburgh Pirates 2-1 Monday and setting up a winner-take-all Game 5 in the NL division series.

CFL

'Rental' of Hall signals Riders are all-in for 2013

The acquisition of standout defensive end Alex Hall from the Winnipeg Blue Bombers on Sunday offers an opportunity to bolster an already strong Saskatchewan Roughriders lineup for a championship drive, says general manger Brendan Taman.

Speaking to reporters Monday at Mosaic Stadium, Taman said calling the Hall trade a "rental" move was a "good analogy," noting these sorts of deals happen more frequently in the NHL.

"It's something we wanted to open our options to do whatever we could for this football team," he said. "It's very rare that it happens in our league, sometimes they work in hockey, sometimes they don't."

"Hopefully, this works for us."

Taman stressed that the acquisition did not signal some concerns with the team's defensive core but rather was about nabbing a stellar player, who currently leads the league in sacks.

"We wanted to have the three best guys we can have in a rotation," he said. "It's nothing to do with John (Chick) and Ricky (Foley) — it's more about what Alex brings."

The Riders also received a second-round pick in 2014, while dealing non-import offensive lineman Patrick Neufeld and a fourth-round pick in the 2015 draft to the Bombers.

Taman said he repeatedly refused to add Neufeld to the deal before eventually making the difficult decision to part ways with the Regina native.

"We kept saying no to that part of the equation," Taman said. "But ultimately it's what was best for us." MARCO VIGLIOTTI/METRO

Alex Hall, seen tackling Riders QB Darian Durant on Sept. 8, was acquired by the Riders on Sunday. THE CANADIAN PRESS

At odds. Spin-o-rama not turning everyone's crank

Mason Raymond caused quite a stir with his spin-o-rama shootout move Saturday night.

The Toronto Maple Leafs winger scored on Craig Anderson, and the Ottawa Senators and others weren't sure if it should have been a goal after the joint NHL and Players' Association competition committee recommended making the 360-degree spin-o-rama illegal in shootouts over the summer.

During a recent conference call, however, NHL executive vice-president and director of hockey operations Colin Campbell clarified that such a goal could be taken back, but only "if 1) there is interference on the goaltender or 2) the puck stops completely or 3) their motion stops completely and/or reverses." THE CANADIAN PRESS

Early exit. Flyers fire head coach Laviolette

The Philadelphia Flyers fired coach Peter Laviolette after an 0-3 start and a pre-season vote of confidence from ownership.

The move came Monday, less than a day after Philadelphia lost 2-1 to Carolina.

Assistant Craig Berube will take over as coach. He is the Flyers' 18th coach in team history. THE ASSOCIATED PRESS

Quoted

"Nobody shined. Nobody looked good. I couldn't point to one thing that I thought was a positive."

Flyers chairman Ed Snider believes the team's current woes originated from an unspectacular training camp.

Horoscopes

♈ Aries
March 21 - April 20
You may not want to make sacrifices but if you don't make them willingly now, the planets will force them on you later on. Financially, you really do need to get your house in order. Find ways to make savings.

♉ Taurus
April 21 - May 21
If you recently embarked on a plan or project, you must see it through to the end. Don't use other commitments as an excuse to avoid what you know must be done. Stick with it.

♊ Gemini
May 22 - June 21
Even if you are happy, there are still things you can change to make life run smoother. Think about it and act decisively around the time of next week's lunar eclipse.

♋ Cancer
June 22 - July 23
Putting emotions into words can be hard and you are aware that a loved one is having difficulty explaining their feelings. Make it easy for them by revealing your own first.

♌ Leo
July 24 - Aug. 23
Your heart may not be in what you have to do but if you knuckle down and make an effort, the planets will make sure your day is productive if not inspiring. One out of two is not a bad score.

♍ Virgo
Aug. 24 - Sept. 23
You know what you want to do, so do it. Yes, most likely someone you live or work with will give you a hard time but you are tough enough to take it. Don't let their negativity discourage you.

♎ Libra
Sept. 24 - Oct. 23
You may have a high regard for the truth but speaking your mind too bluntly could get you in a whole lot of trouble. The facts will come to the surface sooner or later anyway. You don't need to force them.

♏ Scorpio
Oct. 24 - Nov. 22
With mind planet Mercury linked to Saturn in your sign, you may be a bit pessimistic today. There's really no need. Overall, your outlook is extremely good so stop worrying and start having fun.

♐ Sagittarius
Nov. 23 - Dec. 21
Make sure you know what you are getting into before joining forces with people whose motives are a mystery. Most likely there is nothing to worry about but it pays to be sure.

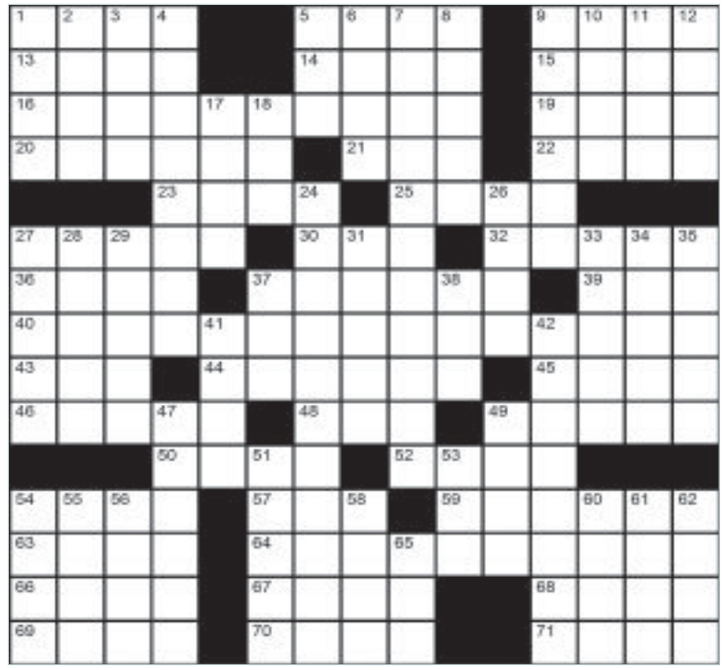
♑ Capricorn
Dec. 22 - Jan. 20
You have no illusions about what needs to be done, so do it. The course you have chosen may be difficult, but you know it's the sensible option. Others may not agree.

♒ Aquarius
Jan. 21 - Feb. 19
No matter how tough life gets in the next few days, tell yourself that in the greater scheme of things everything will work out fine. Faith is a powerful force, sometimes even more powerful than facts.

♓ Pisces
Feb. 20 - March 20
Subtle changes in your environment will be missed by most but your sensitive nature will latch on to them. Don't fear. They are changes for the better. SALLY BROMPTON

Crossword: Canada Across and Down

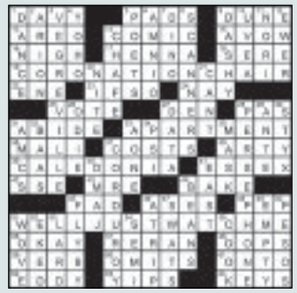
See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN



Across
1. Soup sort
5. Cuts lumber
9. Mr. Werner, "Canadian Idol" judge
13. Deity worshipped in ancient Thebes, variantly
14. "This __ __..." (Man's phone reply)
15. Bounce back
16. This-time-of-year dessert: 2 wds.
19. Lead-in to 'fall' (Slapstick maneuver)
20. Songstress Britney
21. "Vasoline" gr.
22. Mariah Carey hit
23. Ms. Turner
25. Catch sight of
27. Painter Emily, and others
30. Superman's alter ego ...his initials-sharers
32. Remove pencil
36. Prefix that means 'Mars'
37. ID on a forensics type of TV show: 2 wds.
39. Jazz style
40. Stockpiling rivalry during the Cold War: 3 wds.
43. __ Dhabi
44. Disney mouse
45. Land-on-water
46. Workshop machine
48. Dinner, informally
49. __ and pains
50. Baghdad's locale
52. Waistcloth
54. Closed
57. Couplet
59. Classic book character Mr. Gulliver
63. "Cheers" patron
64. Juno-winning singer/songwriter, Alfie __
66. Golden gymnast Ms. Korbut
67. 'Photosynth' suffix
68. Puck-placement places
69. "__ here long?"
70. Famous concert stadium for The Beatles
71. "Darn it!"

Down
1. Road trip guides
2. "__ __ to my ears in work!"
3. Roughly
4. Soldier's status sometimes: 2 wds.
5. "__ City" (2005)
6. Ancient Egypt symbols
7. Crest products
8. Permeates
9. "__ in the sky at night I wonder..." - Madonna, "Ray of Light"
10. Land amount
11. Arctic __ (Type of fish)
12. Stringed instrument of Japan
17. Kim's momager
18. Q. "__ '_' the 14th letter?" A. "Yes."
24. Fall cooking ingredient: 2 wds.
26. Clothesline clingers
27. Passageway for boats
28. Place listed in The Beach Boys song "Kokomo"
29. Trim again
31. Mr. Reeves
33. Embarrass
34. Architectural base, as for a column
35. Foil-like weapons
37. Cocktail, Mai __
38. Soul, in Paris
41. 911-calling reason, for short
42. British Columbia city
47. Wrestling legend from Alberta, Bret '__' Hart
49. "Wait just ___!"
51. Carpentry tools
53. American state, for short
54. Highbrow
55. Golf course 'opening'
56. Encourage
58. Sheriff Taylor's son
60. __-friendly
61. Ms. James
62. Hold up
65. Pro bono TV spot [acronym]

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

6	4	8	9	7	5	1	2	3
3	9	2	8	4	1	7	5	6
5	7	1	2	6	3	8	4	9
9	1	4	6	2	7	5	3	8
7	6	5	4	3	8	9	1	2
2	8	3	5	1	9	6	7	4
4	2	7	1	8	6	3	9	5
1	5	6	3	9	4	2	8	7
8	3	9	7	5	2	4	6	1

flurries
Flurries Sheepskin is looking for 4 full-time Sales Reps to sell shoes and apparel in Market Mall, 2325 Preston Ave, Saskatoon, Sk.
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The all-new 2014 Corolla LE ECO looks great from the inside and out. Its technologically advanced 1.8 litre VALVEMATIC engine with CVTi-S transmission, aerodynamic underbody covers and stabilizing fins, have made it the most fuel efficient gasoline powered compact sedan in Canada*, with a combined fuel consumption rating of 5.7L/100km (50 mpg)**. And you get it all with features like a 6.1" Touchscreen Display Audio System with Bluetooth®, Voice Recognition, USB Audio Input and Backup Camera all wrapped up in a sleek, expressive new design. Once you're able to believe your eyes, visit toyota.ca for details.

LE Eco

Corolla LE ECO shown.

**2014 Corolla LE ECO base model comparisons are with respect to all other gasoline powered models in the class for sale in Canada, excluding hybrids.*

***Fuel efficiency estimates were determined using approved Government of Canada test methods. Actual fuel consumption will vary based on driving habits and other factors.*

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